Volume 01 Series 02

## Sincerely Sisters teaches teens to be leaders, ladies

#### By Conqueror Staff

Sincerely Sisters has been busy the past few months feeding their minds with biblical information and feeding about 200 people with Sacks of Love lunches.

The nonprofit organization is for teens 13to 18 years of age and is ran by Zipporah Mc-Burrough, a student online at Capella Univer-

"I had an older sister and without her my teen years would have been different," Ms. Mc-Burrough said. "There were some tough times and I never want these girls to do what I did."

The Lighthouse Christian School graduate said she grew up in a Christian home and around great Christian adults at Lighthouse where she would hear devotional stories and Bible teachings. Ms. McBurrough said she was told to not do certain things, but it was "never explained why you shouldn't do it, and I feel this generation of teens want to know why I shouldn't do something or why I should do something."

Sincerely Sisters meets one Sunday a month and this year's theme is Career for a Year. Each month a guest speaker attends the meeting and talks to the 19 teens about their profession - giving them the pros and cons of their career field. In January the career choice

was the medical field. February's speaker was from the political field and in March it was a cooking class.

"They had to made lasagna from scratch, a salad, and sweet tea," she said. "It went really well."

Another aspect of the organization is for the teens to learn about community service.

"They need to learn that not everyone is not like them," Ms. McBurrough said. "That is one reason why we had the Sacks of Love lunches. They need to learn empathy and to show love to people in need."

To be a member of Sincerely Sisters, the teens must be A and B students in school. The organization's core values include good behavior, good grades and parents must approve their membership and they will encourage their daughter to be an active participant in the organization.

In June, the group will have their first overnight trip to the Kennedy Space Center. In October is their annual Night of Elegance - a night where they wear a gown, tiara, and gloves and go to a nice restaurant for dinner.

"They need to know it's okay to dress in a gown and have a nice dinner," she said. "They need to understand how to carry themselves and to be treated like a lady.

"One of our goals is to equip the young la-

See Sisters on Page 3.



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## Lighthouse Christian to Hold Open House By Congeror Staff

Lighthouse Christian School will be holding an open house from 6 p.m. to 8 p.m. April 16, 2024.

"It's a time for folks in our community to come out and visit with our staff and see what we have to offer as a Christian school," said Pastor Jimmy Burt, head pastor and founder of Lighthouse Baptist Church. "We have one of the finest schools in the state. Our school has been awarded Accelerated Christian Education Model Status and has Full Accreditation with Distinction with the Georgia Association of Christian Schools and with the American Association of Chris-

"Full accreditation with distinction is hard to get," he said. "In fact, we were the first Christian school to get the distinction under the state's new and stricter rules. There are public schools out there that are not even accredited."

During the open house parents can walk through

the facilities, ask questions from the staff, and learn about any changes coming in the next school year.

"This is a great opportunity for the community to come in and learn about our outstanding programs and for us to meet you," the pastor said. "Please stop by even if its for five minutes."

For more information, call 229-244-8436.

#### **Lighthouse Christian School Open House**

WHEN: April 16, 2024 Time: 6 p.m. to 8 p.m.

WHERE: 4565 Bemiss Road

For more information, call 229-244-8436

## From the Pastor's Desk

Lighthouse Christian School Lighthouse Baptist Church's middle and high school students are competing in Senior Convention this week. Convention is a time for the students to compete in everything from writing and drama to athletics against other A.C.E. schools. The students work hard with their entries -- honing writing skills, practicing music pieces for hours at a time, and memorizing pages of material for drama presentations. The goal is to make it to the International competition being held in Missouri at the end of Mav.

As I visit schools around the Southeast, I have the opportunity to talk with other administrators and learn of their struggles and hear their praises. Every now and then I run into a pastor who shut down their school. It breaks my heart when I hear that news. The last time I heard that from a pastor, his reason didn't make any sense to me. He said something to along the lines that, "I didn't need the headache." My response is, "Then why are you in the ministry?"

ministry. A ministry where children are not important is a ministry that is digging its own grave. Your epitaph has been written all your ministry is waiting on is for the bulldozer to start dumping dirt in your grave.

As I am writing this I hear our elementary students singing their heart out practicing for their annual play. It brings joy to my heart to hear all those little voices praising God in song. I reckon that pastor forgot what Jesus said about little children when the disciples rebuked parents for bringing their children to Jesus. "And they brought unto him also infants, that he would touch them: but when his disciples saw it, they rebuked them. 16 But Jesus called them unto him, and said, Suffer little children to come unto me, and forbid them not: for of such is the kingdom of God." (Luke 18:15-16)

Children are our future. Someone once said, "Children Our school is the backbone of are one-third of our population and



all of our future." How true that is! Now I am a simple country preach-

er, but the reason we started our school a few months after starting the church was I knew then that what is taught in the classroom today is the foundation of our world in the next generation.

It bothers me that most churches today go along with the world's view that information and facts are "neutral." That is about as fake as a vegetable hamburger to me. A true hamburger is 100 percent ground beef - not rice and vegetables. If I want vegetables I will eat me beans, okra, and corn - not a patty on a bun. A bun is to hold my burger. Okay, back to facts being neutral - that's a bunch of baloney. "Let no man deceive himself. If any man among you seemeth to be wise in this world, let him become a fool, that he may be wise." (1 Corinthians 3:18)

The world today teaches that you make your own truth, that there is no right from wrong. That is an outright lie. Proverbs 12:22 says "Lying lips are an abomination to the LORD..." Let's See Pastor's Desk on Page 5.

### Daily Bible Reading Plan

April 1 - Deuteronomy 29-30; Proverbs 29

April 2 - Deuteronomy 31-32; Proverbs 30

April 3 - Deuteronomy 33-34; Luke 7; Proverbs 31

April 4 - Joshua 1-3; Proverbs 1

**April 5** – Joshua 4-6; Luke 8; Proverbs 2

April 6 - Joshua 7; Proverbs 3

April 7 – Joshua 8-9; Proverbs 4

April 8 – Joshua 10; Luke 9; Proverbs 5

April 9 - Joshua 11-13; Proverbs 6

April 10 - Joshua 14-16; Proverbs 7

April 11 - Joshua 17-18; Luke 10; Proverbs 8

April 12 - Joshua 19-21; Proverbs 9

April 13 - Joshua 22; Luke 11; Proverbs 10

April 14 - Joshua 23-24; Proverbs 11

April 15 – Judges 1-2; Proverbs 12

**April 16** – Judges 3-4; Luke 12; Proverbs 13

April 17 – Judges 5-6; Proverbs 14

**April 18** – Judges 7-8; Luke 13; Proverbs 15

April 19 – Judges 9; Proverbs 16

April 20 - Judges 10-11; Luke 14; Proverbs 17

**April 21** – Judges 12-13; Luke 15; Proverbs 18

April 22 - Judges 14-15; Proverbs 19

April 23 – Judges 16-18; Luke 16; Proverbs 20

April 24 - Judges 19; Luke 17; Proverbs 21

April 25 – Judges 20; Proverbs 22

**April 26** – Judges 21; Ruth 1-2; Luke 18;

Proverbs 23

April 27 - Ruth 3-4; Proverbs 24

**April 28** – 1 Samuel 1-2; Luke 19; Proverbs 25

**April 29** – 1 Samuel 3-5; Proverbs 26

April 30 - 1 Samuel 6-8; Luke 20; Proverbs 27



The Conqueror newspaper is a free monthly publication of Lighthouse Baptist Church located at 4565 Bemiss Road, Valdosta, Georgia, 31605. The Publisher is Pastor Jimmy Burt. The church office hours are: Monday-Friday from 7:30 a.m. to 5:30 p.m. All correspondence should be emailed to: Edward.Scott@lbcministry.org. This is Publication 01 Series 02 - April 1, 2024.



#### PRAYER REQUESTS

When you scan the graphic to the left with your phone, it will take you to a form where you can submit a prayer request to be put on our Church Prayer List. Share it with friends, relatives & co-workers!

# Lending a Knowledgeable Helping Hand







Reaching For Souls Academy in Guyton, Georgia, recently spent a few days at Lighthouse Christian School. Angela Abraham brought her school to Lighthouse so the staff could observe how LCS teachers run their classroom and their students could make new friends with LCS students. Reaching For Souls Academy leadership has asked LCS to assist them with modeling their program after Lighthouse Christian School.

### **Sisters**

#### Continued from Page 1.

dies to be influential leaders in life and to show brotherly love," Ms. Mc-Burrough said.

She said Sincerely Sisters verse is, "God is in the midst of her; she shall not be moved: God shall help her, and that right early."

Her life verse is Jude 1:22, "And of some have compassion, making a difference."

She said the world pulls the teens in many directions and it can be over-

whelming at times. For that reason, Sincerely Sisters maintains various social media sites to offer encouragement to the girls daily.

"Like I said, I don't want them to have the struggles I went through as a teen," the organization founder said. "I want to see them succeed in life and make a difference in someone else's life."

For more information, visit their Sincerely Sisters Facebook page.

# The Conqueror Sponsorship Package

Become a Conqueror publication sponsor. Sponsorship packages are only \$25 per issue or 12 issue for \$250. Each sponsor receives a business card size ad where a special message can be placed in *The Conqueror* newspaper. Message examples are: "Happy Birthday Maria! From Jen, a proud Conqueror sponsor;" "In Memory of Janet Doe, from Someone, a proud Conqueror sponsor;" "Mark, We are proud of you! From Mom and Dad, proud Conqueror sponsors.

To be a Conqueror sponsor, call 229-244-8436 and ask for David Goldsberry.

#### Lighthouse Baptist Church to host Deep South Student Convention

#### By Conqueror Staff

Lighthouse Christian School is hosting the Deep South Student Convention the first week of April.

"It's an opportunity to develop a student's leadership skills," said Pastor Jimmy Burt, Deep South's convention director. "We've been hosting this convention for 30 years and we have former students and competitors who are now judges in this competition. They realize how much this competition has helped them in life and now they want to give back and encourage the students as they are competing."

The purpose of the regional student convention is for students to learn dedication, preparation, time management, and how to speak, sing, and perform in front of a live audience, Pastor Burt said. "It's preparing young people for God's service."

Students compete in academ-

ics, athletics, exhibits, music, and platform events.

The regional convention sets the stage for the International Student Convention being held at the University of Central Missouri at the end of Mav.

Below is an essay submission by a Lighthouse Freshman.

#### The Masterful Workmanship

#### By Kailee Atchison

Three of the most well-known paintings are: Starry Night, American Gothic, and The Last Supper.

They are easily recognized by many, becoming important elements of culture and history.

This essay reviews these pieces to show who composed them, the events surrounding the composition, and where they reside today.

Starry Night is by Vincent van Gogh, who painted it during his stay in the Saint Paul de Mausole Asylum. The great artist was suffering from epileptic fits, presenting themselves in seizures and skewed perceptions of reality. It seemed both his physical and mental health was improving during his stay in the asylum, but he relapsed.

During this time period *Starry Night* was created. The abstract, fluid forms, defined brush strokes, and bright, contrasting colors speak to the mental state the artist was living in. The swirls and chaotic mood of the painting give a glimpse into Vincent van Gogh's troubled inner man.

In Isaiah 26:3 the Bible reads "Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee." During his stay in the asylum {from 1889 to 1890}, van Gogh painted over 150 paintings. Though the artist behind it was lost, confused, and troubled, *Starry Night* is one of the most well-beloved paintings in existence. *Starry Night* resides in The Museum of Modern Art in New York, and is valued at \$100 million.

American Gothic was painted in 1930 by Grant Wood. According to Wood, it was created to invoke hope and reassurance in the beginning of the Great Depression, though it is often viewed in a satirical light. He said, "...there is satire in any realistic statement. These are types of people I have known all my life. I tried to characterize them truthful-

ly — to make them more like themselves than they were in actual life."

The painting portrays a grim father and daughter duo with a classic American homestead depicted behind. It was displayed at the Art Institute in 1930, becoming an instantaneous success.

Wood painted over 130 works, almost all centering on rural American farm life. *American Gothic* is kept in the Art Institute of Chicago.

The Last Supper, portraying Jesus eating with his twelve disciples, was a work of Leonardo da Vinci. It is not a typical painting, but a fresco, which is painted on the plaster of a wall, almost like a mural.

Leonardo da Vinci did not take this project lightly, and spent three years, from 1493 to 1495, on his work.

He painted each disciple with great detail and completeness, but he purposely left Jesus simpler than the others, admitting that he could never be skilled enough to do the likeness of Christ justice. Da Vinci painted around 100 works, but only around 20 have survived today.

The fresco is located in Milan's Santa Maria delle Grazie Church, where it has stood for nearly five centuries. It has miraculously avoided destruction many times. In the Napoleonic Wars, soldiers housed in the chapel would use the priceless piece for recreational "target practice" on occasion. Later in World War II, the Allies dropped a bomb a mere 80 feet away from the church during an air raid. A few months later when the rubble was cleared from the neardecimated building, The Last Supper was found intact. The roof was nearly completely caved in and several walls were blown out, but the fresco stood. Some damage had been sustained from the attack and days spent exposed to the elements, but a restoration was done to return it to its former glory. The fresco may be seen to-day in Santa Maria delle Grazie Church.

Great artists behind the works mentioned here knew every one of their pieces in great detail; they had primed the canvases, mixed the pigments, chosen the brushes, painted the brush strokes, and applied the finishing touches. In much the same way, Christ has fashioned us.

Ephesians 2:10 {KJV} states that "...we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we walk in them." We are Christ's masterful workmanship!









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# The Bible Way to Heaven

1. Recognize your condition. "For all have sinned, and come short of

the glory of God. (Romans 3:23) No one is good enough to go to Heaven on his own merit. No matter ho much good we do, we still fall short.

2. Realize the penalty for sin.

"For the wages of sin is death...(Romans 6:23)

Just as there are wages for good, there is punishment for wrong. The penalty for our sin is eternal death in a place called Hell.

3. Recognize where sin came from. "Wherefore as by one man sin entered into the world, and death by sin, and so death passed upon all men, for that all have sinned. (Romans 5:12)

We have been born with a sin nature, which was passed down from Adam to every generation.

4. Believe Christ died for you.

"But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us." (Romans 5:8) Christ's great love for us was shown when He died on the cross to pay our sin debt.

5. Trust Christ alone as your Savior. "But the first of God is eternal life through Jesus Christ our Lord (Romans 6:23b)

"For whosoever shall call upon the name of the Lord shall be saved (Romans 10:13)

Everlasting life is a gift purchased by the blood of Jesus and offered freely to those who call upon Him by faith.

6. Claim God's promise for salvation. "That if thou shalt confess with thy mouth the Lord Jesus and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness: and with the mouth confession is made unto salvation. (Romans 10:9-10)

Now pray, confess that you are a sinner, ask God to save you, and receive Christ as your Savior.



# **Conquering Mail Time**

Members of Lighthouse Baptist Church count *The Conqueror* newspapers for bulk mail delivery. *The Conqueror* newspaper is mailed to every resident within a four mile radius of the church. Currently the publication is published the first of every month. As support grows, *The Conqueror* will increase pages and its distribution area.

### Pastor's Desk

Continued from Page 2.

say you meet someone on the street and they say it's okay to walk out into traffic, sit down in the street and have a hamburger -- it's right because that's their truth. Now the people driving the cars down the street believe it's their right to drive their car in that lane – that is their truth. What we have now is a total chaotic mess. But the world teaches everyone is right. God's Word says "no." There must be law and order and some common sense in the situation. Man is deceiving himself with that type of philosophy.

"Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me." (John 14:6) There is an absolute truth and it is Jesus Christ. The Bible teaches there is right from wrong. The foundation of that is found in the 10 Commandments the world has tried to rid from schools, courthouses, and even churches. The commandments teach that a lie is a lie and is wrong. Another commandment teaches that you should not steal. Another teaches that you should respect your parents. For the life of me I cannot understand why these commandments "offend" someone. They are fundamental truths.

"Be not deceived; God is not mocked: for whatsoever a man soweth, that shall he also reap. 8 For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap life everlasting." (Galatians 6:7-8) Unfortunately, we now are reaping the removal of God from our schoolhouses. Children no longer respect authority. There are shootings in schools and most schools today look more like jails than open institutions for learning.

Handing the government control of our children's education was a huge mistake of the church. The Bible says the dad is responsible for his child's education – not Uncle Sam. Karl Marx and Adolf Hitler used the secular humanism permeating the world's education system to bring about socialist changes in the world. That same humanistic philosophy is found in our education system today.

It truly bothers me that the pastor didn't want the headache of running a school. And that attitude is what bothers me about this world today. I understand that God has given Satan his time to run amuck on earth right now. That doesn't bother me.

What does concern me is the fact that Christians are not taking a stand for Christ. Paul says in the middle of Philippians 3:13, "...but this one thing I do..." Paul didn't have his big toe dipped into God's Word while the rest of his body was stuck in the world. What made Paul such a great witness for Christ was the fact he had a singleness of mind – "this one thing I do." To bring about revival in our churches, to turn this country around and save our children we need a singleness of mind towards all things of Christ. Only then will our children have a chance at a future that is God fearing and Christ honoring.





# Bible Club Fun

Associate Pastor Chris Burt and his wife Joanna host a Bible Club each Wednesday from 4:30 p.m. to 5:30 p.m. at Freedom Heights apartment complex on Bemiss Road. Currently they are telling the Creation story in Genesis, perform "magic" tricks, have contests and sing songs. Right now Pastor Burt has a \$10 Dairy Queen gift card as a prize to anyone bringing a guest.



# Looking at History Through a Child's Eyes

By Dr. E.A. Scott

I spent a number of years working with children as a children's minister. You learn a lot working with the youngsters – they share all sorts of information, perspectives, and I found it interesting to get their view of the world, the Bible, as well as learn what interested them.

The following is a glance at the world's history through the eyes of a child. These were gleaned from parents, children, and church members over the years. As I perused the collection the other night, some of the things the children said made me smile while others had me laughing until there were tears in my eyes. I'm sure these thoughts will bring a smile to you too.

In the first book of the Bible, Guinesses, God got tired of creating the world, so He took the

Sabbath off.

Noah built an ark, which the animals come on in pears.

Lot' wife was a pillar of salt by day, but a ball of fire by night.

The Jews were a proud people, and throughout history they had trouble with the unsympathetic Genitals.

The Egyptians were all drowned in the dessert. Afterwards, Moses went up on Mount Cyanide to get the ten amendments.

Moses died before he ever reached Canada.

Joshua led the Hebrews in the battle of Geri-

The greatest miracle in the Bible is when Joshua told his son to stand still, and he obeyed.

When Mary heard that she was the mother of Jesus, she sang the Magna Carta.

It was a miracle Mary gave birth to Jesus, because she was a Virginia.

When the three wise guys from the East arrived, they found Jesus in the manager. Jesus was born because Mary had an immaculate contraption.

The people who followed Jesus were called the 12 decibels.

One of the opossums was St. Matthew, who also was a taximan.

A Christian should have only one spouse, this is called monotony.

One Sunday after learning about heaven, a little girl came up to me and said: "That's funny what you said about heaven. My mommy says heaven is a place made of chocolate that'll never make you fat. You said it's made of gold. I like mommy's heaven better."

I Love You Maria

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# H.E.L.P.

#### The Home Environment as a Loving Place

This the first in the series of HELP articles to assist parents with raising their chidlren "In the Way They Should Go."

#### By Vickie Burt LBC Daycare Director

How do we, as parents and grandparents, HELP in the upbringing of our children? While being a parent and working with parents and children for more than 50 years,

I have both seen and experienced questions that arise while trying to train our children in the way that they should go.

Sometimes, parents get very discouraged in this process when it seems that everything they try to help their children succeed in life seems to fail. What is the an-

swer to this ever-increasing problem?

The good news is that God has given us a guidebook for training our children. "My son, hear the instruction of thy father, and forsake not the law of thy mother." (Proverbs 1:8)

Where does a father, mother, or grandparent go to help lay the foundation for their children and grandchildren?

If our desire is to train our children in the way they should go, then we have a good pattern to follow in the lives of the mother and grandmother of Timothy. (II Timothy 1:5) Even though the church and school can play an important part in the training of our children, their main instruction will come from the home during the 168

hours in each week.

In John 3:16, God set the training pattern for LOVE. God loved us, as His children, so much that He gave His only begotten Son to die on the cross for us. In I Corinthians 13, He further defines love and shows us that LOVE NEVER FAILS!

When we don't understand exactly how that works in training our children, we can follow the guidelines in Proverbs 3:5,6. "Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths."

If you have any questions concerning parenting, send an email to parenting-help@lbcministry.org.



PLEASE EMAIL ME YOUR TOTALS BY

LATE SATURDAY, APRIL 6TH TO:

Jimmy Burt at pastor@lbcministry.org

## Are Dashboards The Best Place for Your Bible?

By Dr. E.A. Scott

I notice many people circle through parking lots looking for the closest spot to the store's door. My first job was at a grocery store. We were told to park "in the north 40." In other words, nowhere near the front door.

That became a habit for me. The only time I drop my wife off at the door is when it is raining, other than that we walk together from "the north 40" to the store to go shopping.

Along the way I noticed a number of cars with Bibles stuck in either the front or rear window of the cars. It makes me wonder if the Bible's owners realize what they have shoved up against the window.

It's God's Holy Word. Let me show you what I am talking about.

Let's look at two verses of Scripture – one from the Old Testament and one from the New Testament and compare them.

"And in very deed for this cause have I raised thee up, for to shew in thee my power; and that my name may be declared throughout all the earth." Exodus 9:16

"For the scripture saith unto Pharaoh, Even for this same purpose have I raised thee up, that I might shew my power in thee, and that my name might be declared throughout all the earth." Romans 9:17

In the Exodus verse, it is the LORD who is talking, but in Romans the verse says God's Word or the Scripture said this to Pharaoh. Interestingly, back in Exodus there wasn't a verse of Scripture recorded yet. So how can this verse in Romans be accurate? Before we answer that question, let's look at a similar verse found in Galatians.

"And the scripture, foreseeing that God would justify the heathen through faith, preached before the gospel unto Abraham, saying, In thee shall all nations be blessed." Galatians 3:8

In this verse the Scripture is "foreseeing" something that God is going to do. Paul wrote both Romans and Galatians as the Holy Spirit inspired him, and in every one of Paul's writings he places God and His Word as "One," – they are interchangeable as far as Paul was concerned. Look at what Paul wrote to Timothy.

"All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness." 2 Timothy 3:16 All Scripture are the very words of God.

"For the prophecy came not in old time by the will of man: but holy men of God spake as they were moved by the Holy Ghost." 2 Peter 1:21 What Peter is saying here is that the Scripture is the "breath of God," what some theologians call, "God breathed."

The Bible used to be an important part of fam-

ilies. As a child I remember families had a family Bible that sat on the coffee table and was the "filing cabinet" for weddings, anniversaries, and even deaths within the family. My grandfather read from the family Bible every night I stayed at their house. The Bible was an important part of people's lives.

Now it seems Bibles are relegated to the automobile so it's available to carry them into the church building for the Sunday service. As we read above, God's Word literally is God's Words. It is God. John 1:1 says, "In the beginning was the Word, and the Word was with God, and the Word was God."

The Bible's treatment is a sign of today's attitude towards God and His Church. Society is paying a great price for its lack of concern for God's Word. According to The Policy Circle, 54 percent of American adults read below the equivalent of a sixth-grade level and nearly one in three adults reads below a third-grade level.

Commentators, educators, leaders – many say America is on the decline. The Bible says you "reap what you sow." Take God, the Creator, out of the picture and you end up with a world in chaos.

In other words, we need to take God's Word out of the cars and start putting His Word back into our hearts and lives and then we will see positive results and change in people's lives.

# Dining In Delivers Dramatic Differences

Right now, the school is going close to maximum speed. The elementary school children are practicing their play, and the older students are getting their entries ready for the regional convention, which then prepares the way for international competition. In other words, there's not much free time.

The phrase, "I am busy" seems to be the "knee-jerk" reaction whenever someone walks up to you and you sense another "thing" to add to your calendar. As a school, we want the students to succeed because that's what we are here for – to educate the students, bring out the best in them, and prepare them for life outside the classroom. But at the same time, it's our job to balance time for education, time for self, and time with family.

This can be a real juggling act when the student is active in sports and other after-school activities. One area that is "convenient" and a "time-saver" is to go through a drive through and eat on the go. While convenient, it can be detrimental to your child in the long run.

A few years ago, researchers at the Baylor College of Medicine studied the eating habits of 287 Texas school-children. Their study found that 42 percent of the children ate their meals in front of a television. Of that 42 percent, 50 percent were overweight.

Another thing researchers have discovered is that the number of days per week children eat their meals with their families is a more powerful predictor of whether the children will be well adjusted than the factors of age, gender or family type. Family mealtimes are an important part of the socialization process, during which children learn to define the ways they are going to live. Mealtimes teach manners, tak-

ing turns, and listening.

Washington University conducted a study with children at age 5 and then again at age 7 and found that those who chatted around the dinner table had larger vocabularies than those who did not eat as a family.

Research shows that dinner as a family is more than a meal, but a chance to learn social skills and create memories to share with grandchildren. Family mealtime also promotes security — something every child needs.

I remember hearing about a young father who wanted to raise his new son right. As a boy, the father could not remember ever eating dinner with his family. He felt he had missed out on something, so he and his wife always sat their 2-month-old son at the table and ate together.

One Saturday they decided to grill hamburgers outside and eat at their new picnic table.

The young father had created a hamburger any man would envy. Walking to the table, his wife handed off their son and went to fix her own burger.

Juggling the hamburger and boy, the father was proud when he sat down without spilling anything or dropping his son. Looking down, he noticed mustard on his hand. Not seeing a napkin, he decided to lick the mustard off his hand. It wasn't mustard

Setting his son down quickly on the ground, the father raced into the house, tongue hanging out of his mouth, straight to the bathroom. After buffing his tongue for what seemed like an eternity, he walked back out to the picnic table for his lunch. Sit-



ting down, his wife looked at him and smiled.

"Now you know why they call it poupon," she said.

#### **Thought For The Day**

Worrying Works! It really does – 90 percent of the things people worry about never, ever happen.





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## Hat's On for the "Cat" in the Hat Snack





I've got it all figured out!



Silly socks for a sweet baby.



**Entering the world of Dr. Seuss.** 



Oh, the places we will go.

Even the babies and their families had fun celebrating Dr. Seuss' birthday week. What joy it was throughout the week to listen to fun stories! The children did get to see green eggs being made, but did not want to taste them. They decided that "Green Eggs and Ham" were made to be given to the "Cat in the Hat."

# Power Pac Banquet Ends With a Great Message















More than 175 people attended the Power Pac Banquet held March 1 at Lighthouse Baptist Church gymnasium. Associate Pastor Chris Burt hosted the event, giving away door prizes, singing songs, handing out awards, thanking volunteers, and presenting the Gospel message in story and chalk art with his wife, Joanna.

# The Making of Me

By Brianna Burt



ord, I know you must have something big planned

When the devil resorts to his old tricks

again

Today it was lies another had told me: How unfit that I was, not enough, too unworthy

Telling me that what I've been doing is wrong Though my one ambition has been you all along

And as I stood there, my eyes overflowing You gave me a story, you knew needed showing ou brought to my mind a young, little girl Who sat there, content in her own little world

She was sitting there drawing, crafting a

So happy, so proud, then came this whisper "Why dear, what now are you making,"they said She just smiled, 'cause she knew what she saw in her head

The other onlookers couldn't quite comprehend But in her heart she knew of its worth in the end nd that's when it hit me, almost by surprise

That's exactly how I look in my Fathers eyes

So the next time they question the choices I've made

I won't doubt,

I'll just shout,

hands lifted in praise

'Cause it doesn't matter what anyone sees All that matters is what You are making of me

# Lighthouse Baptist Church Mission Trip

**July 22 to 26** 

To run a summer youth camp in St. Vincent.

To learn how you can help call 229-244-8436.

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## Faith Baptist Church Celebrates 58 Years of Ministry

#### **By Conqueror Staff**

Faith Baptist Church in Valdosta, Georgia, held its 58th Homecoming on March 3. Lighthouse Baptist Church founder and pastor, Jimmy Burt, was the guest preacher for the event. Faith Baptist is where he began his ministry 49 years ago under the tutelage of Dr. Gene Wisehart, the founder of Faith Baptist Church.

"For 58 years, Faith Baptist Church has stood on principles that are found in the Word of God and a mission of spreading the Gospel to the world," said Peter Moseley, the pastor of Faith Baptist for the last two years. "In the past two months we have seen our missions increase, and our Wednesday night Faith Kid's program grow.

"We look forward to seeing God do a mighty work through our door-to-door ministry that we will be kicking back off this month, along with our Vacation Bible School this summer and our Bible Conference in the Fall," Pastor Moseley said.

Dr. Wisehart began the church ministry 57 years ago with his wife and five families. He served as the pastor of the church from 1966 to 1999. Mickey Wisehart was called as co-pastor in 1996 and later became the pastor when his dad retired. He served the ministry as the pastor for 25 years and left in 2021.

In November of 2021, Pastor Moseley was called as the pastor of the church. He and his family began their ministry at Faith Baptist on January 9, 2022.











